

## IMMEDIATE DENTURE POST-OPERATIVE INSTRUCTIONS

- For the first 24 hours your immediate denture is not to be removed from your mouth unless there is excessive bleeding or soreness. If the denture is removed, swelling may occur that will make it difficult or impossible to reinsert the denture.
- Your immediate denture not only replaces your missing teeth, but it is acting to protect the surgical site, control swelling, and control bleeding. The denture needs to be in place to be effective.
- After 24 hours, you may gently remove your denture twice a day and rinse your mouth with warm salt water (1 teaspoon per 1 cup of water). Cleanse the denture by rinsing in under water and gently brushing it with toothpaste or denture cleaner. Reinsert the denture immediately, as swelling may occur and it may become difficult to reinsert. Your dentist will instruct you when to begin removing your denture at night and storing it in water (may be up to a week post-extractions).
- You will have an appointment with your dentist in the next couple of days to check the fit and comfort of the denture and the adjust any sore areas they may have developed.
- The fit of your immediate denture will change as your mouth heals from the extraction of your teeth. As healing occurs, the dental ridges change shape and they generally shrink in size. An immediate denture is often only a temporary denture which will require replacement or reline after final healing of the mouth.
- The immediate denture will need to be adjusted and/or relined to compensate for the changes that will take place in your mouth as the gums heal. You will be instructed by your dentist to return for periodic appointments to monitor your mouth for changes that will require denture adjustments.
- After the dental extraction sockets have healed over (two to six weeks) you may find a denture adhesive paste or powder to help stabilize your denture.
- Dental extraction sockets take at least 6 months to heal and fill in with new jaw bone. At that time, your dentist will speak to you about making a permanent reline of your current denture, or in some cases, replacing your immediate denture with a permanent denture.
- Please contact our office immediately if you are having any issues or concerns.

1 - 999 LANSDOWNE ST. W. PETERBOROUGH ON K9J 8N2

Tel: 705 749 9994 Fax: 705 742 8701 email: [info@electriccitydental.ca](mailto:info@electriccitydental.ca) [www.electriccitydental.ca](http://www.electriccitydental.ca)