

CROWN/BRIDGE POST OP SHEET

After receiving your new crown, make sure you take care of it by following these simple directions:

- Avoid eating anything for an hour or more to allow the bonding agent to set.
- If an anesthetic was used to perform your procedure, try not to chew any food or gum until the numbness has ended.
- Your brushing and flossing routine should be as usual.

Your bite was carefully checked at your appointment. If you feel the bite is not correctly balanced, please call us immediately for a simple adjustment appointment. Do not overlook calling us, even if it appears that the bite is off slightly. This slight amount can make the tooth sensitive to pressure, hot, and cold, and also potentially cause pain in the neck, head, and jaw.

You may have discomfort for a few days after your procedure, however if your crown feels crooked, comes off or your sensitivity/pain increases, please call our office with your concerns.

Although crowns and bridges are often the most durable of all restorations, the underlying tooth is still vulnerable to decay, especially between the tooth and crown (along the gum line). We recommend professional maintenance and evaluation at least once or twice a year. If you have had a periodontal problem (gum disease) in the past, you should see us a minimum of three times a year. Proper care of your new crown(s) or bridge includes brushing and flossing a minimum of twice daily and regulating your intake of sugar-containing food and drinks. Proper maintenance will not only prolong the life of the restoration, but will also help to prevent problems elsewhere in your mouth.

If you have any other questions or concerns, please call our office.