

### TEMPORARY BRIDGE POST OP

We have completed the preparation for your bridge and a temporary bridge has been cemented. The temporary bridge is made to protect your tooth and maintain space while the permanent bridge is being fabricated at the lab. It is meant to serve your needs for only a short time.

Your temporary bridge has been cemented with a special temporary cement which allows the dentist to easily remove it when cementing the permanent bridge. This cement requires about 30 minutes to set. Please do not chew or drink hot liquids during this time.

Please refrain from chewing gum and other sticky food and candies as they will stick to the temporary crown and may cause the crown to debond. Avoid eating hard crunchy foods which may cause it to break or chip.

If your temporary bridge breaks or comes off, please call our office to schedule an appointment to have it recemented or remade. If possible save the temporary and bring it with to the office to have it recemented.

Please **do not leave the temporary bridge off!** Your tooth as you may experience some sensitivity. If the temporary bridge is left off for a period time shifting may occur causing the permanent bridge to fit improperly.

Your temporary bridge will not fit your tooth quite as well as the permanent bridge. It is normal if you experience slight sensitivity to hot, cold and sweets. If you notice your bite feels irregular or you feel a "high spot", please call the office to schedule a bite adjustment.

If you ignore high spots, the tooth can become sore. If the tooth becomes extremely sensitive or you experience worsening symptoms, the tooth may need further treatment.

Brush carefully around the temporary bridge. To floss, push the floss down to your gums and pull it straight out. Do not pull it back out the same way it went in, as this tends to lift the crown off.

If you have any **problems or questions**, please call our office.